



MIAROMA

**RELAXING**

**LAVENDER**  
[Lavandula Angustifolia]

**100% Pure Essential Oil**

Miaroma is an expertly sourced range of essential oils and aromatherapy products brought together to improve your everyday wellbeing both in mind and body.

Miaroma Lavender Oil is created from the finest lavender oils to create a peaceful and calming experience that leaves your body relaxed and your mind soothed.

Ingredients: Lavandula Angustifolia (Lavender) Oil.

Directions: Dilute 4-6 drops for every 20ml of base oil before use. For massage, bath and vaporisation.

Caution: For external use only. Do not use undiluted on the skin. Avoid contact with eyes. Keep out of reach of children. Do not use on children under 5 years old. Consult your healthcare professional before using essential oils during pregnancy. Store in a cool dry place.

Made in the UK  
Holland & Barrett,  
Samuel Ryder House, 7 Barling Way, CV10 7RH, UK  
Tel: 0330 058 2025  
NL: P. Heinkade 171, 1019 GM Amsterdam, The Netherlands

#61468                      02A

30ml e

Limonene, Linalool,  
Geraniol, Coumarin

Batch No. & BBE: see base  
Vegetarian & Vegan.

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**100% Pure Essential Oil**

**Danger**

May produce an allergic reaction. May be fatal if swallowed and enters airways. May cause an allergic skin reaction. Causes serious eye irritation. Harmful to aquatic life with long lasting effects.

Contains: Limonene, Linalool, Geraniol, Coumarin, Para-Cymene, Gamma-Terpinene

If medical advice is needed, have product container or label at hand. IF SWALLOWED: Immediately call a doctor. Do NOT induce vomiting. IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing. Dispose of in accordance with local regulations. Keep out of reach of children.

Safety Data Sheet Available on request

30ml e

Limonene, Linalool,  
Geraniol, Coumarin



**HOLLAND & BARRETT**

HB61468 LAVENDER OIL 30ML

<b>Format:</b> Box	<b>Dimensions:</b>
<b>Supplier:</b> Tisserand	<b>Family:</b> Miaroma
<b>Bulk Code:</b>	<b>Issue Code:</b> 02A

**Changes Since Last Print:**  
New SKU

**Barcode:** 5059604614682

**CMYK**

**P 7664 C**

**Finish:** Matte Varnish